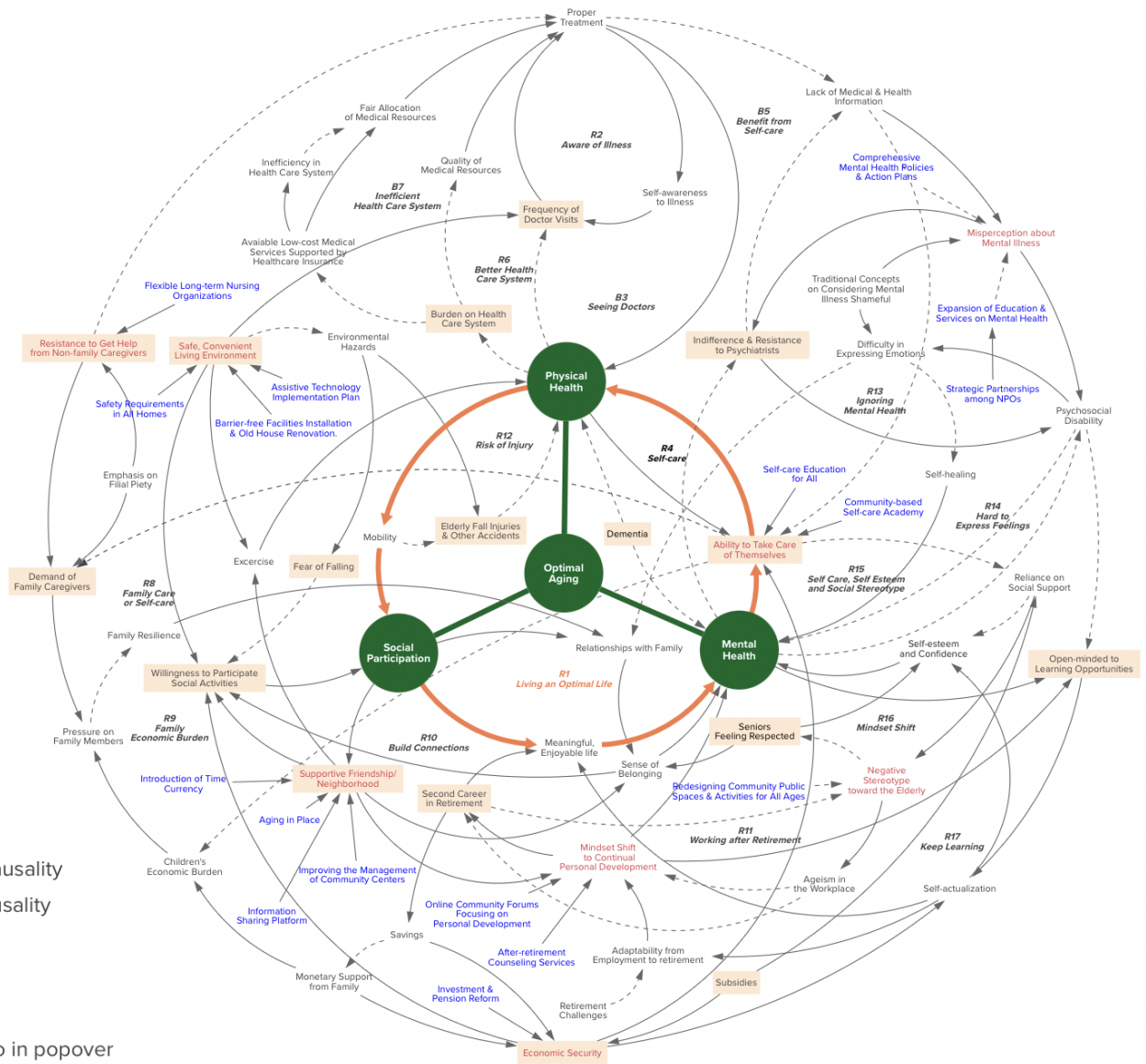# Systems Map

https://kumu.io/joycepeiting/national-taiwan-university-visualmap-happytheelderly#systems-map

Legend

- - - - Negative Causality

——— Positive Causality

● Vision

● Barrier

● Intervention

▢ Detailed info in popover

Proper Treatment

Fair Allocation of Medical Resources

Lack of Medical & Health Information

Inefficiency in Health Care System

Quality of Medical Resources

B5 Benefit from Self-care

Comprehensive Mental Health Policies & Action Plans

R2 Aware of Illness

Self-awareness to Illness

B7 Inefficient Health Care System

Frequency of Doctor Visits

Misperception about Mental Illness

Avaiable Low-cost Medical Services Supported by Healthcare Insurance

R6 Better Health Care System

Traditional Concepts on Considering Mental Illness Shameful

Expansion of Education & Services on Mental Health

Flexible Long-term Nursing Organizations

B3 Seeing Doctors

Burden on Health Care System

Indifference & Resistance to Psychiatrists

Resistance to Get Help from Non-family Caregivers

Environmental Hazards

Safe, Convenient Living Environment

Physical Health

Difficulty in Expressing Emotions

R13 Ignoring Mental Health

Strategic Partnerships among NPOs

Psychosocial Disability

Safety Requirements in All Homes

Assistive Technology Implementation Plan

Barrier-free Facilities Installation & Old House Renovation.

R12 Risk of Injury

R4 Self-care

Self-care Education for All

Self-healing

Emphasis on Filial Piety

Mobility

Elderly Fall Injuries & Other Accidents

Dementia

Optimal Aging

Ability to Take Care of Themselves

Community-based Self-care Academy

R14 Hard to Express Feelings

Demand of Family Caregivers

Excercise

Fear of Falling

R15 Self Care, Self Esteem and Social Stereotype

Reliance on Social Support

R8 Family Care or Self-care

Family Resilience

Social Participation

Relationships with Family

Mental Health

Self-esteem and Confidence

Open-minded to Learning Opportunities

Willingness to Participate Social Activities

R1 Living an Optimal Life

R16 Mindset Shift

R9 Family Economic Burden

R10 Build Connections

Seniors Feeling Respected

Pressure on Family Members

Meaningful, Enjoyable life

Sense of Belonging

Negative Stereotype toward the Elderly

Introduction of Time Currency

Supportive Friendship/ Neighborhood

Second Career in Retirement

Redesigning Community Public Spaces & Activities for All Ages

R11 Working after Retirement

R17 Keep Learning

Aging in Place

Improving the Management of Community Centers

Mindset Shift to Continual Personal Development

Ageism in the Workplace

Self-actualization

Children's Economic Burden

Information Sharing Platform

Online Community Forums Focusing on Personal Development

Adaptability from Employment to retirement

Savings

After-retirement Counseling Services

Subsidies

Monetary Support from Family

Investment & Pension Reform

Retirement Challenges

Economic Security

Theory of Change

https://kumu.io/joycepeiting/national-taiwan-university-visualmap-happytheelderly#theory-of-change/detailed-map-workspace-theory-of-change

Proper Treatment

Fair Allocation of Medical Resources

B *Inefficient Health Care System*

Barrier-free Facilities Installation & Old House Renovation.

Safety Requirements in All Homes

B *Seeing Doctors*

Inefficiency in Health Care System

Safe, Convenient Living Environment

Assistive Technology Implementation Plan

Frequency of Doctor Visits

Avaiable Low-cost Medical Services Supported by Healthcare Insurance

Elderly Fall Injuries & Other Accidents

Pressure on Family Members

Resistance to Get Help from Non-family Caregivers

Sense of Belonging

Physical Health

Indifference & Resistance to Psychiatrists

Traditional Concepts on Considering Mental Illness Shameful

Misperception about Mental Illness

Relationships with Family

Flexible Long-term Nursing Organizations

Emphasis on Filial Piety

R *Self-care*

Expansion of Education & Services on Mental Health

R *Family Relationship*

Community-based Self-care Academy

Strategic Partnerships among NPOs

Comprehensive Mental Health Policies & Action Plans

Improving the Management of Community Centers

Aging in Place

Supportive Friendship/ Neighborhood

Mobility

R *Connecting to the Society*

Optimal Aging

Self-care Education for All

Ability to Take Care of Themselves

Introduction of Time Currency

Information Sharing Platform

R *Misperception Leading to Worse Mental Health*

Psychosocial Disability

Social Participation

Mental Health

R *Living an Optimal Life*

Economic Security

Meaningful, Enjoyable life

Redesigning Community Public Spaces & Activities for All Ages

Investment & Pension Reform

Self-actualization

R *Continual Personal Growth*

Negative Stereotype toward the Elderly

Reliance on Social Support

After-retirement Counseling Services

Online Community Forums Focusing on Personal Development

Adaptability from Employment to retirement

R *Self Care, Self Esteem and Social Stereotype*

Mindset Shift to Continual Personal Development

Self-esteem and Confidence

Legend

- - - - Negative Causality

——— Positive Causality

● Vision

● Barrier

● 1st Stage Intervention

● 2nd Stage Intervention